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**Before We Say “Goodnight”
How to Tell Bedtime Stories About Your Life and Family**

(Los Angeles, CA, February 1, 2011) Tucking children in at night is a special time, and the time-honored tradition of bedtime story is a powerful way to create a deeper bond between parent and child. Studies reveal that as much as children love being read to, they enjoy a story about their parents growing up even more. However, many parents and grandparents feel unsure about how to tell “real” stories about their own experiences to their children or grandchildren.

In **BEFORE WE SAY “GOODNIGHT”: HOW TO TELL BEDTIME STORIES ABOUT YOUR LIFE AND FAMILY** (Sycamore Canyon Publishing LLC, September 2010), author Hank Frazee gives parents and grandparents the tools they need to tell wonderful bedtime stories to their children or grandchildren based on their experiences and family history. Further, Mr. Frazee has created a unique way for anyone to access the hard drive of their memory for a lifetime of stories to tell.

Frazee’s original method helps the reader become confident in telling original stories that are fun and engaging. He has used this process to tell over 7,000 bedtime stories to his own children, a sample of which follows each chapter.

“Let me tell you a story” are magic words in any language,” Frazee says. “Nearly all parents genuinely want a deeper relationship with their children. But with the demands of work, sports, homework and other activities, where is the time to just be together with your child? *Before We Say ‘Goodnight’* will show you a world where time stands still for you and your kids. You don’t need to be a great speaker, prepare in advance or memorize anything, you just need to be you and tell your story.”

Hank Frazee grew up in California and graduated from UCLA, with a major in English Literature. An entrepreneur, he entered the life insurance business and advanced to the top one percent of insurance agents in the world. His love of family, books and words led him to write *Before We Say “Goodnight.”* He lives in Los Angeles with his wife and three children and a number of cats and dogs, including Winston.

A portion of the proceeds of this book will be donated to children’s charities at home and around the world.

For more information about Hank Frazee and his book, visit www.beforewesaygoodnight.com